



DrDorisNLP

Where People are the Heart of the Matter



Emotional Intelligence Certification Training

*2 day Foundation or
4 day Practitioner*

**Are your emotions running you?
Learn to run your emotions.**



**Emotions are powerful forces that drive us
and determine how we interact and perform.
They are a major element for our decision-making
and of how we motivate ourselves and others.**

Free yourself from any misery!

Transform

*Anger, Stress & Fear, Dependencies & Relationships Issues
through powerful hands-on tools.*

Learn how to have more joy, laughter & happiness in your life!



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Enrich Personal & Professional Excellence

Program Overview

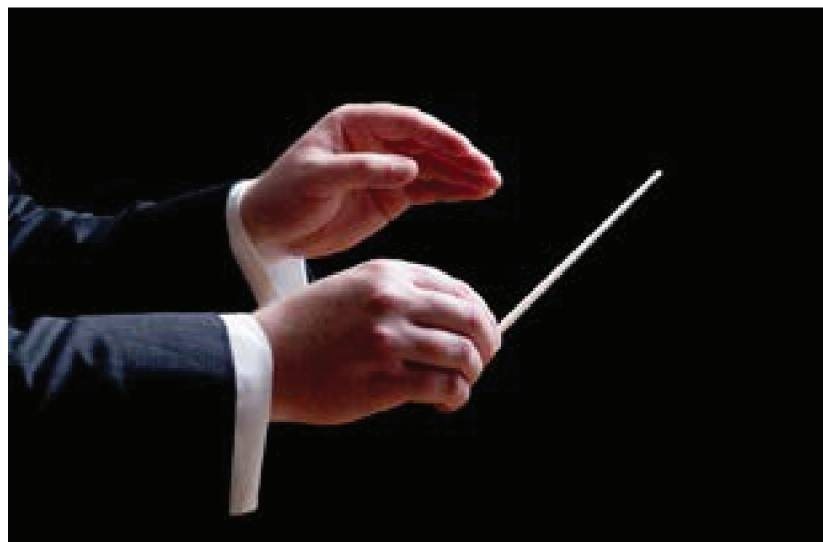
- 2 day EI Foundation
- 4 day EI Practitioner
- 2 day EI Master

– Distinguish between natural emotions and out-of-place emotions

What will you gain?

Program Objectives & Benefits:

- A thorough Emotional Quotient Skill Test in Four Segments
 - Track yourself on these skills in a measurable & continuous way
- Pinpoint and understand emotions from the heart
- Transform resistance into assistance
 - Its not the emotion itself but the relationships to the emotion that matters
- Emotion Yoga
 - Step In, Step Out
- It's all about: Where is Your Focus?





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Program Objectives & Benefits: (Continued)

- Learn the knack of consciously shifting your focus from emotions to reality
- What is an assumption or judgement, & what are facts?
 - Uncover the hidden cues in emotional sticky language
- Our Masks – Our Truth
 - The Emotional Layer Diagram. De-conditioning & adaptation techniques
- Truthfully identify & express emotional boundaries
 - The Emotional Health Model
- Assertiveness & Compassion
 - Finally say what you always wanted to say through a magical success pattern
- Reverse Stimulus Response
 - Apply Strategies to overcome specific addictions & old habits
- Successfully Cure Fear, Anxiety and Phobia
- Receive the key to unhook & rewind these patterns for your greater inner freedom
- The Happiness Booster
 - Draw a rainbow of emotions you wish to feel more
- Remove emotional charge from interactions
 - Strengthen an Inner Neutral Place
- Overcome the dilemma of duality
 - Solve inner and outer conflict
- Your Evolved You
 - Boost your true self and future through a Sculpting Technique
- The Laughter Meditation
 - Laughing helps more often than not. Laughing creates healing in many ways.



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- The Five Keys for Emotional Intelligence
 - Hold five keys in your hand to unlock the secret of emotions forever

More details on Objectives

See DrDorisNLP website.

www.drdorisnlp.com

For Whom?

- Trainers, Coaches, Counselors, Therapists
- Teachers, Lawyers, Customer Service or Sales Reps and anyone who works with people
- People who want to enhance their self-development & wish to increase happiness

This program offers:

- A well-travelled and proven pathway to develop who you truly are and learn how to facilitate the same in others
- Addressing emotions in a way that no other training does. This is the most dynamic, engaging and out of the box program in India
- Access to the knowledge of your trainer's 30yrs+ vast experience in working with people from her heart and coaching, therapy, self-development & meditation.





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- Improv theater, creative multi sensory and body-oriented learning styles and the power of emotional engagement's positive effects on interactions.

Emotional Intelligence builds the ability to feel the richness of emotions and at the same time applying power to facilitate change quickly, powerfully and long-lastingly. We are committed to measurable outcomes.

We produce specific training results verified by using skill and self-assessment tests. Our EQ Skill Test goes beyond anything you have experienced. It assists you to raise your EQ (emotional quotient, see below). It is important to us that you can bathe in safety, trust and cooperation. There will never be a boring moment in the training room. We are committed to supporting each other's processes together with creativity, inspiration and fun.





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Our greatest passion is to help people become masters of their emotions and inner processes and so contribute to a world with more respect, love and peace.

More about the Trainer

Dr. A. Doris Greenwood is recognized for her caring, integrity and in-depth knowledge, and for the joy she brings to the training environment. She is the only certified and certifying Master Trainer in India of the highly regarded international Society of NLP.

Dr. A. Doris Greenwood has more than 33 years of experience working with people in the field of personal, emotional and spiritual development.



She is a Naturopathic Doctor and counselor from Germany, a Master in Hypnotherapy & holds numerous certifications in therapy, trauma release, Reichian bodywork and coaching.

She spent more than two decades guiding primal therapy, childhood de-conditioning, Reichian & Lowen Bioenergy and is an expert working with trauma, sexual abuse and addictions.

Dr. Doris is also a corporate trainer and sales expert. She believes that the essence of business success lies in the power of handling emotions and improving relationships through communication. Dr. Doris' trainings are highly interactive, engaging and inspirational. Once in the training room - she is committed to You.

Why is Emotional Intelligence important?

One: Quality of Life & Professionalism



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Many today experience that stress or anxiety dominate their daily experiences. Frustration and sadness can easily take over. Limiting or troublesome emotions are hindering our performance, productivity and our life's quality.

Many of our un-reflected or even destructive behaviors seem to be triggered automatically as if "no choice". We then regret what we say or do and have unresourceful interactions, even conflict. How much time, momentum and money, may we lose this way every day? The consequences on our moods, affects on others & on professional performance is tremendous.

Don't we wish to overcome those traps?

Two: Raise your EQ

It is not people with high IQs (Intellectual Quotient) that are the most successful or the most fulfilled in life. Research today shows that academic brilliance and intellectual intelligence (IQ) are not enough any more to be successful in life.

People who are happy, accomplish what they want & effective leaders who demonstrate outstanding performance and receive high-grade feedback have a high EQ (Emotional Quotient).

Three: Medical Success

Medical research has shown that holding back emotions may be a precursor for many illnesses and addictions. The inability to deal with emotions can have





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terrible consequences on our stress levels, nervous system, chemical balances and on our sleep. It also more or less directly affects the health of our sensory systems, our heart and our organs. More and more research shows how expressing emotions and feeling “the good” emotions increases overall health.

The world evolves when our consciousness & skill levels evolve.

Emotional Intelligence NLP Practitioners are the conduits for a more happy, productive & peaceful world.

Certification

The Practitioner of Emotional Intelligence & NLP from Conscious Solutions & The NLP Association International. Includes a complete Manual with practical applications (~ 150 pages), available at that time. Applies toward EI Master certification (5-days) and upon additional task toward NLP Master certification days).

Next Step

The Emotional Intelligence & NLP Practitioner certification qualifies you both, for the NLP Master or EI Master certification training. Before entering into the NLP Master review of language models is requested.





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El Foundation & El Practitioner

The 2-day El Foundation Certification equips you with the basic tools from Emotional Intelligence for you to significantly impact your ability to let go of limiting emotions and replace them with wonderful emotions.

The 4-day El Practitioner Certification (additional 2 days) gives you amazing and empowering interaction techniques and guides you to practice and apply in daily case scenarios Emotional Intelligent Communication.

The 2-day El Master Certification enriches yourself and your session with others with physical emotional release practices from bio-energetic body dynamics. It also equips you with the advanced Releasing Emotional Enmeshment meta-physical surgery technique to successfully address deeper-laying fears, trauma and addiction.

Registration & Logistics

Four Bonuses

Bonus #1: This training includes a thorough Emotional Quotient Skill Test in Three Segments.

Bonus #2: This Practitioner of Emotional Intelligence NLP certification qualifies for the NLP Master Track from DorisNLP & the Society of NLP.

Bonus #3: Taking this training gives you actually two trainings, as you can re-take it for free at any time in the future (for only logistical costs).

Bonus #4: You will be supported by a strong team of people who have been certified and have their own coaching/healing/counselling businesses. Together we provide you with five decades of experience in the field of EI. Enjoy accelerated learning through kinesthetic styles, visual aids, video and sound feedback techniques that are interactive, fun and excel memorization.





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Investment

See website. Includes International Certificate, a complete Manual with practical applications, free re-takes of the course, participation of Forum and Free Internship (guided practice sessions).

**Ask for 10% Early Bird enrolment or
our Gold Coupon**

Deposit of Rs 5,000/- required at time of enrollment. See detailed refund policy and legal conditions in the registration form.

Bank Name: HDFC Bank Ltd.,
Blue Sea, Candolim Market, North Goa, 403515
Name: Doris Conscious Solutions CNSLT Pvt. Ltd.
Account Number: 50200039049301
Swift Code: HDFCINBB
IFSC: HDFC0001256

Cheque to: Dr. A. Doris Greenwood c/o De'Souza, #859, Villa Garden, Camotim Vaddo, Candolim, Bardez 403515, Goa, India

We are committed for you to get most out of this training investment and to be fair and inclusive of your needs as well as efficient with your time and money.

**We invite you to this opportunity. Take your first step!
Register to secure your seat at www.DrDorisNLP.com**