

***Become a Rocking EJ Trainer
Successfully Conduct EJ Trainings Right Away***



Conscious Solutions & DorisNLP

CONTENT & OBJECTIVES

**Emotional Intelligence Master, 2 day
&
Emotional Intelligence Trainer, 3 day**

Certification

*For HR Professionals, Leaders, Trainers and Coaches
and people who work with people*

**SNLP Master Trainer
Dr. A. Doris Greenwood**

Detailed Objectives

Emotional Intelligence Master Certification, 2-days

The Emotional Intelligence Master equips you to excel your EI Practitioner skills with models to handle and transform intricate emotional issues like trauma, compulsion, addiction, codependency and guilt. It enriches your skills as a counselor, therapist or coach with advanced physical release techniques according to Wilhelm Reich and Alexander Lowen. This helps in a most realist way to conquer all forms of anger. The Stockholm syndrome and the phenomena of emotional enmeshment explains why emotional issues like fears, trauma, compulsions and addictions seem to not go away but resist normal treatments. These deeper-layered emotions also go along with the complex of guilt. You will be empowered to help any of such emotional issues through the advanced Emotional Intelligence NLP- Therapy approach. Releasing Emotional Enmeshment is a form of a meta-physical surgery, a step-by-step replacement process to create immediate and long-lasting success.

Successfully Address Compulsions & Addictions

The Ten Guidelines & Tips

Enmeshment – The phenomenon of deeper-layered fears and trauma

Understand the fabric of deep-rooted emotional issues

Design maps and pathways for emotion mastery

Releasing Enmeshment & Evolved You

Reversing the Stockholm Syndrome

Meta-Physical Surgery

Physical Emotional Release Techniques

Wilhelm Reich, Alexander Lowen Bio-Energetic Exercises

Improv Theater – Express, Release, Enjoy

*Emotion Yoga intensified through Theater Techniques to intensify contentment and joy through the **The Happiness Booster***

De-Escalation Techniques

Professionals and leaders often have to handle highly charged situations. Learn how to always respond resourcefully and bring consensus no matter what.

Boost Negotiation & Persuasion Results Using Emotions

Enhance motivation & persuasion through intentionally interrupting and accessing emotions. Practice how to increase emotional engagement

Bring Desired Futures into Action with the Time Matrix

A masterful and carefully designed step-by-step process

Magnetically and successfully attract your outcomes and make them come true

Detailed Objectives

Emotional Intelligence Trainer Certification, 3-days

Emotional Intelligence training is in demand in today's corporate world. It becomes more and more recognized in schools and universities. Organizations ask for EI training to raise skills and effectiveness of any professionals who lead, interact with and motivate others.

The need of trainers in EI is high.

Learning Emotional Intelligence and teaching others are two different subjects. One must come before the other. Learn to instruct short EI workshops as well as up to 2-day EI trainings.

The Emotional Intelligence Trainer Certification equips you to teach and conduct short workshops and 1 or 2-day trainings in Emotional Intelligence (EI). You will be empowered to create your own curriculum. You will also have the choice upon an additional fee to receive the copyright to the DorisNLP existing EI training format through templates, manual, ppt and materials. In this way you can conduct EI Trainings successfully right away.

Become a Rocking EI Trainer. Successfully Conduct EI Trainings Right Away

Learn to teach the existing format of a successful Emotional Intelligence 2-day training. You can derive several hour EI workshops or 1-day trainings from this material as well.

How to increase as Emotional Intelligence Leader & Trainer:

- **Relationship Focus/compassion/kindness**
- **Intentional use of voice/ voice training**
- **Optimize team and audience engagement**
- **Presentation Excellence**

How to conduct as a Emotional Intelligence Trainer:

- **Differentiating Fact and Interpretation**
- **Basic Transformation Techniques**
- **Increasing Happiness & Joy**
- **EI exercises that empower the participant in a measurable way**

How to lead as Emotional Intelligence Trainer:

- **Anger Release Sessions**
- **Laughter Meditations**
- **Emotion Yoga, Stepping in & out of emotions**
- **Emotional Engagement**
- **Theatre Improv**